Abstract of the discipline

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| Discipline(Module) | Physical culture and sport |
| Implemented competencies | UС-6GPC-3  |
| Indicators of Competence Achievement | UK-6.1 defines their resources and their limits (personal, psychophysiological, situational, time, etc.) for the successful completion of assigned work;UK-6-.2. implements knowledge of their own resources and their limits (personal, psychophysiological, situational, temporary etc. ) planning promising goals activities taking into account conditions, resources, personal capabilities, stages of the career growth, time perspective of development of activities and market demands labor.UK-6-3. Builds flexible professional trajectory, using the tools of continuous education, taking into account the accumulated experience of professional activity and the dynamically changing requirements of the labor market.GPC-3-1 Owns algorithm main physical-chemical, mathematical and other natural science research methods.GPC-3-2 Interprets the results physical and chemical, mathematical and other natural science research in solving professional problems.GPC-3-3 Demonstrates ability to counteraction to the use in sports doping and the fight against it. |
| Labor intensity,c.u.​ | 72 / 2 |
| Forms ofreporting (includingsemesters) | credit (1, 2 semester ) |